

HEALTH CHECKUP PACKAGES



Santevita Hospital **Health Checkup Packages**

Essential Health Checkups (Pathology)

- **Foundation Health Check** 1. Panel
- **Advanced Foundation** Health Check Panel
- 3. Superior Foundation Health Check Panel
- Premium Foundation Health 4. Check Panel
- 5. Complete Wellness Panel
- 6. Complete Wellness Panel with PSA
- 7. **Essential Vitamins & Minerals** Panel
- Advanced Essential Vitamins 8. & Minerals Panel
- 9. Female Hormone Panel
- 10. PCOD Assessment Panel
- 11. Diabetes & Hypertension Monitoring Panel
- 12. Advanced Diabetes Panel

- 13. **Basic Fever Panel**
- 14. Comprehensive Fever Panel
- 15. Anemia Assessment Panel with **HPIC**
- **Arthritis Panel** 16
- 17. **BASIC STD Panel**
- 18. Advanced STD Panel
- Essential Fitness and 19. Performance Panel
- 20. Advanced Fitness and Performance Panel
- Heart Function and Risk Panel 21.
- 22. Obesity Panel
- 23. Low Energy Diagnostic Panel
- Thyroid Function & Autoimmune 24. Panel
- 25. Hair Loss Panel
- 26. Essential Male Hormonal Panel

Comprehensive Health Checkups (Pathology and Radiology & Imaging)

- 1. Master Health Check-up (Female)
- 2. Master Health Check-up (Male)
- Executive Health Check-up 3. (Female)
- 1. **Executive Health Check-up** (Male)
- 2. General Health Check-up (Female)
- General Health Check-up 3. (Male)

Introduction

In today's world, most of us experience high levels of stress in our daily lives.

Long working hours, night shifts, and the constant pressure to meet challenging deadlines and targets have become common.

Our health is further compromised by sedentary lifestyles, unhealthy dietary habits, and irregular sleep patterns, making us increasingly prone to lifestyle diseases.

Therefore, periodic health screenings are essential, as they help detect life-threatening conditions such as coronary heart disease, diabetes, hypertension, and cancer-many of which do not present early warning symptoms.

Health check-ups not only assess your current health status but also identify risk factors for lifestyle diseases.

They empower you to take timely preventive measures or enable early detection of major illnesses.

Our health check-up packages include comprehensive medical investigations, followed by consultations with our panel of doctors, who will provide expert advice tailored to your health needs.



General Instructions

- It is advisable to book an appointment in advance for a smoother experience.
- To schedule an appointment, please contact our Reception Desk at 7360033390.
- For health check-ups that require fasting, a minimum of 12 hours of fasting is necessary. However, you may drink plain water during this period.
- Continue taking your regular medications as prescribed by your consultant; do not discontinue them before the health check-up.
- If you wear contact lenses, remove them two days before the health check-up.
- Avoid wearing jewelry (chains, necklaces, etc.) and opt for loose-fitting clothing and easily removable footwear.
- For sterilized containers required for urine and stool sample collection, please contact the sample collection room.
- · Collect a midstream urine sample for testing.
- Additional tests, investigations, procedures, and consultations beyond those included in the health check-up packages are available at an additional cost.
- All reports will be sent to the registered mobile number via WhatsApp.
- Hard copies of the reports can be collected from the Front Desk/Reception between 05:00 PM and 07:00 PM.



Essential Health Checkups

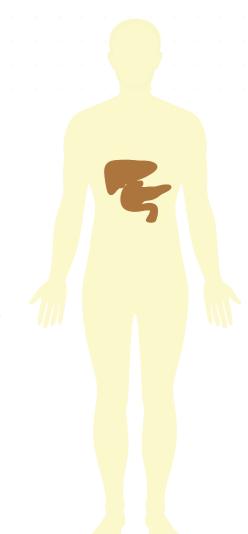
(Pathology)

Foundation Health Check Panel

MRP: **₹3599**

This essential yet insightful health package offers a broad overview of your health. It includes a Complete Blood Count (CBC), which provides crucial insights into conditions such as anemia (via Hemoglobin), infections (through TLC and DLC), and potential blood disorders. Additionally, it assesses cholesterol levels, blood sugar regulation, and evaluates kidney and liver function. The package also measures Magnesium, Serum, a vital mineral whose deficiency can lead to fatigue, and includes CPK, an important enzyme that indicates muscle health. This holistic screening empowers you with key information about your overall well-being.

- + Haemogram (CBC with ESR)
- + Glucose Fasting Plasma*
- + Lipid Profile, Serum*
- + Kidney Function Test
- + Liver Function Test
- + Magnesium, Serum
- + Creatinine Kinase / CKMB
- All Test results will be available after 8 hours
- For booking this health package or for home sample collection call on 9031009016 or 7360033390
- Note: Tests marked with * require minimum 10-12 hours fasting.



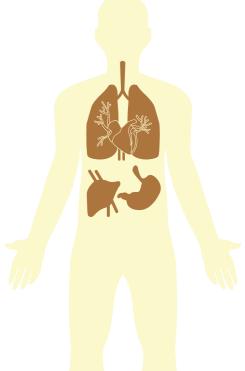
Advanced Foundation Health Check Panel

MRP: **₹4399**

This package integrates the benefits of Glycosylated Hemoglobin (HbAIC), which provides an average assessment of blood sugar levels over the past three months. It also includes a comprehensive Thyroid Profile, featuring Free T3, Free T4, and Ultra-sensitive TSH, ensuring a thorough evaluation of thyroid function. In addition, it retains all the key benefits of the Foundation Health Check, making it a well-rounded choice for essential health monitoring.

- + Haemogram (CBC with ESR)
- + Glucose Fasting, Plasma *
- + Lipid Profile, Serum*
- Kidney Function Test
- + Liver Function Test
- + Magnesium, Serum
- + Creatinine Kinase / CKMB
- + Thyroid Profile FT3, FT4, Ultra-sensitive TSH
- + HbA1c (Glycosylated Hemoglobin HPLC)

- All Test results will be available after 8 hours
- For booking this health package or for home sample collection call on 9031009016 or 7360033390
- Note: Tests marked with * require minimum 10-12 hours fasting.



Superior Foundation Health Check Panel

MRP: **₹7699**

The Superior Foundation Health Check Panel enhances your health assessment by including key Vitamin E, Tocopherolvaluations such as Vitamin D3 and Vitamin B12, along with Immuno Globulin E, Serum, which helps gauge the body's allergic response. In addition to all the benefits of the Advanced Foundation Health Check, this package offers a more comprehensive approach to wellness. It is an excellent choice for individuals of any age seeking a streamlined yet thorough health evaluation through blood tests.

- + Haemogram (CBC with ESR)
- + Glucose Fasting, Plasma *
- + Lipid Profile, Serum*
- + Kidney Function Test
- + Liver Function Test
- + Magnesium, Serum
- + Creatinine Kinase / CKMB
- + Thyroid Profile FT3, FT4, Ultra-sensitive TSH
- + HbA1c (Glycosylated Hemoglobin HPLC)
- + Immuno Globulin E, Serum
- + Vitamin D3
- + Vitamin B12
- All Test results will be available after 8 hours
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Premium Foundation Health Check Panel

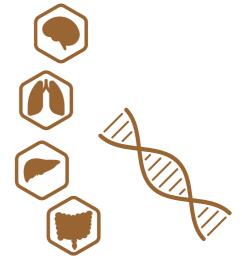
MRP: **₹10499**

The Premium Foundation Health Check Panel builds upon the benefits of the Superior Foundation Health Check by incorporating additional tests that offer a more comprehensive evaluation of your health. This expanded panel includes Vitamin B9 (Folic Acid (Folate) Serum), a detailed urine analysis, and a complete Iron Studies covering Ferritin, Serum, Iron Studies-binding capacity, and transferrin saturation. Additionally, it features High-Sensitivity CRP, a valuable marker for detecting inflammation and assessing cardiac risk. This package is highly recommended for individuals of all age groups seeking a thorough and in-depth health assessment through blood tests.

- + Haemogram (CBC with ESR)
- + Glucose Fasting, Plasma*
- + Lipid Profile, Serum*
- Kidney Function Test
- + Liver Function Test
- + Magnesium, Serum
- + Creatinine Kinase / CKMB
- + Thyroid Profile, FT3, FT4,
 Ultra-sensitive TSH
- + HbA1c (Glycosylated Hemoglobin HPLC)

- + Immuno Globulin E, Serum
- + Vitamin D3
- + Vitamin B12
- + Folic Acid (Folate) Serum
- + HS-CRP
- + Urine Routine Examination
- + Iron Studies
- + Ferritin, Serum

- All Test results will be available after 2 days
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Complete Wellness Panel

MRP: **₹11099**

A holistic health screening package designed to encompass a wide range of essential diagnostic tests, scientifically recognized for their role in preventive healthcare. This comprehensive assessment is beneficial for individuals managing conditions such as hypertension, diabetes, heart disease, kidney disorders, thyroid imbalances, pancreatic issues, liver dysfunction, vitamin deficiencies, and inflammation. The package includes advanced markers such as Cystatin C and Microalbumin Creatinine Ratio Urine for early detection of kidney disease, High Sensitivity CRP for assessing inflammation and cardiovascular risk, total serum IgE, along with an extensive urine analysis. Suitable for individuals of all age groups, this panel provides valuable insights into overall health through detailed blood and urine evaluations.

- + Haemogram (CBC with ESR)
- + Glucose Fasting, Plasma*
- + Glucose Post Prandial,
 Plasma (PP)**
- + Lipid Profile, Serum*
- + Kidney Function Test
- + Cystatin C
- + Liver Function Test
- + Magnesium, Serum
- Creatinine Kinase / CKMB
- + Lipoprotein [a]
- + Homocysteine Quantitative Serum
- + Apolipoprotein B

- Vitamins & Minerals Profile (Vitamin D3,
 Vitamin B12, Folic Acid (Folate) Serum,
 Iron Studies Studies, Ferritin, Serum)
- + Thyroid Profile, FT3, FT4, Ultrasensitive TSH
- + HbA1c (Glycosylated Hemoglobin HPLC)
- + Urine Routine Examination
- + Immuno Globulin E, Serum
- + HS-CRP
- + Microalbumin Creatinine Ratio Urine
- + Amylase, Serum
- + Lipase, Serum









- All Test results will be available after 2 days
- For booking this health package or for home sample collection call on 9031009016 or 7360033390
- Note: Tests marked with * require minimum 10-12 hours fasting.
- Tests marked with ** are to be performed as PP
 (post prandial i.e. 2 hours after finishing your meal)

Complete Wellness Panel with PSA

MRP: ₹11499

A comprehensive health package encompassing a wide array of diagnostic tests, recognized for their significance in preventive healthcare. This panel is particularly valuable for monitoring individuals with conditions such as hypertension, diabetes, heart disease, kidney disorders, thyroid imbalances, pancreatic issues, liver dysfunction, vitamin deficiencies, and inflammation. It includes Cystatin C and Microalbumin Creatinine Ratio Urine for early detection of kidney disease, High Sensitivity CRP as a sensitive marker for inflammation and cardiovascular risk, total serum IgE, and a detailed urine analysis. Additionally, the package features Prostate-Specific Antigen (Total PSA, Free PSA, and their ratio), a well- established marker used in the screening and risk assessment of prostate cancer.

- Haemogram (CBC with ESR)
- Glucose Fasting, Plasma*
- **Glucose Post Prandial PP****
- Lipid Profile, Serum* +
- **Kidney Function Test** +
- **Cystatin C**
- **Liver Function Test** +
- Magnesium, Serum
- Creatinine Kinase / CKMB
- Lipoprotein [a]
- Homocysteine **Quantitative Serum**
- **Apolipoprotein B**

- Vitamins & Minerals Profile (Vitamin D3, Vitamin B12, Folic Acid (Folate) Serum, Iron Studies, Ferritin, Serum)
- Thyroid Profile, FT3, FT4, Ultrasensitive TSH
- HbA1c (Glycosylated Hemoglobin HPLC)
- **Urine Routine Examination**
- Immuno Globulin E, Serum
- HS-CRP
- Microalbumin Creatinine Ratio Urine
- Amylase, Serum
- Lipase, Serum
- **PSA-Total**
- **PSA-Free**



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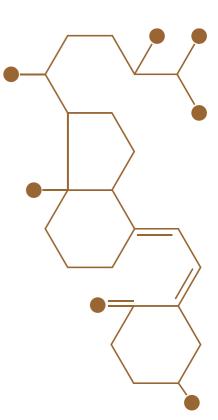
Essential Vitamins & Minerals Panel

MRP: **₹7999**

Vitamins and minerals are crucial for overall well-being, contributing to immune function, energy levels, muscle strength, and nerve health. Inadequate levels may be associated with fatigue, muscle discomfort, joint stiffness, tingling sensations, and other generalized symptoms. Maintaining optimal Vitamin D levels is particularly important, as it supports immune defense and overall health. Research suggests that Vitamin D insufficiency may be linked to various long term health risks. This panel serves as a valuable addition to Foundation Health check panel, Advanced Foundation Health check panel, or any other wellness assessment panel.

- + Vitamin D3
- + Vitamin B12
- + Calcium, Serum
- + Phosphorus, Serum
- + Folic Acid (Folate) Serum
- + Ferritin, Serum
- + Magnesium, Serum
- + Iron Studies

- All Test results will be available after 2 days
- For booking this health package or for home sample collection call on 9031009016 or 7360033390



Advanced Essential Vitamins & Minerals Panel

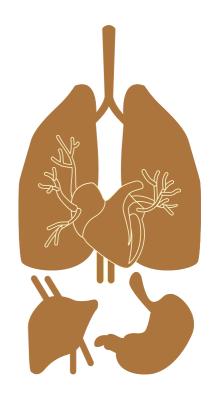
MRP: **₹17999**

Optimal levels of vitamins and minerals are essential for overall well-being, playing a crucial role in energy production, immune function, muscle health, and neurological balance. Insufficient levels may contribute to symptoms such as fatigue, muscle cramps, joint discomfort, body aches, tingling sensations, and increased susceptibility to infections. This advanced panel expands on the standard Essential Vitamins & Minerals Panel, incorporating Vitamin A, Retinol (Retinol), which supports healthy vision, and Vitamin E, Tocopherol, known for its role in maintaining skin integrity and supporting immune resilience. Additionally, it includes sTfR (Soluble Transferrin Receptor), a valuable marker for assessing Iron Studies deficiency and assisting physicians in evaluating Iron Studies therapy needs and effectiveness.

- + Vitamin D3
- + Vitamin B12
- + Calcium, Serum
- + Ionized Calcium
- + Phosphorus, Serum
- + Folic Acid (Folate)
 Serum
- + Ferritin, Serum

- + Magnesium, Serum
- + Iron Studies
- + Vitamin A, Retinol
- + Vitamin E, Tocopherol
- + STFR (Soluble Transferrin)
- + RBC Folate

- All Test results will be available after 2 days
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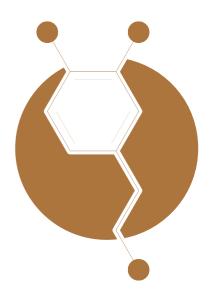


Female Hormone Panel

MRP: **₹5299**

Hormonal imbalances in women can contribute to various health concerns, including irregular menstrual cycles, bloating, fatigue, irritability, hair thinning, palpitations, mood fluctuations, difficulty concentrating, fertility challenges, excessive hair growth (hirsutism), and premature onset of menstruation. In some cases, imbalances may also be associated with metabolic conditions such as diabetes. This detailed panel aids in evaluating hormone-related conditions like amenorrhea (absence of menstruation), dysfunctional uterine bleeding, and ovarian function. Healthcare professionals often recommend this assessment on Day 2 or 3 of the menstrual cycle, along with a mid-morning pooled sample for prolactin measurement, to ensure accurate results.

- + FSH, Serum (Frmale)
- + LH, Serum (Frmale)
- + Prolactin, Serum
- + Estradiol (E2), Serum
- + Serum, Progesterone
- + Anti Mullerian Hormone
- + Thyroid profile with FT3, FT4,
- + Ultra-sensitive TSH
- DHEA Sulphate
- All Test results will be available after 2 days
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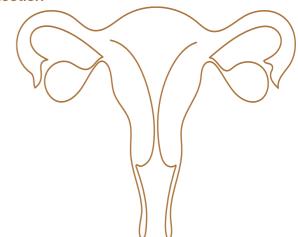


PCOD Assessment Panel

MRP: **₹7099**

Polycystic Ovary Disease (PCOD) is a frequently observed condition linked to hormonal imbalances, ovarian cysts, irregular menstrual cycles, acne, and excessive hair growth (hirsutism). This panel allows for the assessment of hormone levels alongside commonly associated conditions such as diabetes and thyroid dysfunction.

- + FSH, Serum (Female)
- + LH, Serum (Female)
- + Serum, Progesterone
- + Insulin (Fasting)*
- + Glucose Fasting, Plasma*
- + HOMA IR Insulin Resistance
 Index*
- + Estradiol [E2], Serum
- + Thyroid profile with FT3, FT4, Ultra-sensitive TSH
- + Testosterone Total
- + Testosterone Free
- + Prolactin, Serum
- + DHEA Sulphate
- All Test results will be available after 2 days
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- Note: Tests marked with * require minimum
 10-12 hours fasting.



Diabetes & Hypertension Monitoring Panel

MRP: ₹3099

Diabetes is a condition characterized by elevated blood glucose levels, often misunderstood as solely being linked to sugar consumption. However, effectively managing diabetes requires more than just dietary adjustments—it is crucial to monitor potential complications that can lead to long-term organ damage. Many individuals with diabetes also experience hypertension (high blood pressure), which further increases the risk of complications affecting vital organs. This panel includes essential tests to assess, monitor, and manage both diabetes and hypertension, along with their commonly associated health risks.

- + Glucose Fasting, Plasma*
- + Glucose Post Prandial (PP)**
- + HbA1c (Glycosylated Hemoglobin HPLC)
- + Urea, Serum
- + BUN (Blood Urea Nitrogen)
- + Lipid Profile, Serum*
- + Fructosamine
- + Urine Routine Examination
- + Microalbumin Creatinine Ratio Urine
- + Creatinine, Serum
- + Cystatin C
- All Test results will be available after 2 days
- For booking this health package or for home sample collection call on 9031009016 or 7360033390
- Note: Tests marked with * require minimum
 10-12 hours fasting.
- Tests marked with ** are to be performed as PP
 (post prandial ie. 2 hours after finishing your meal)



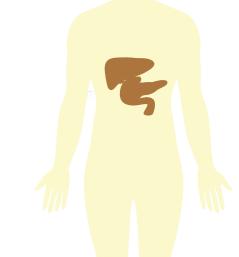
Advanced Diabetes Panel

MRP: ₹7199

Advanced **Diabetes** Panel offers detailed more compared to the Diabetes & Hypertension Monitoring Panel, providing deeper insights into kidney and pancreatic function in relation to blood glucose levels. This panel is particularly beneficial for individuals who require a comprehensive review of diabetic markers and a more in-depth analysis of metabolic health. It includes additional tests such as Complete Kidney Function Tests, Fasting Insulin, Estimated Glomerular Filtration Rate (eGFR), HOMA-IR, and C-Peptide, aiding in a thorough assessment of diabetes management and its potential complications.

- **Glucose Fasting** Plasma*
- **Glucose Post Prandial** (PP)**
- **Fructosamine**
- **Urea**. Serum
- Creatinine, Serum +
- **BUN (Blood Urea Nitrogen)** +
- **Uric Acid, Serum**
- Phosphorous, Serum +
- Calcium, Serum
- Electrolytes (Na, K, CI)
- Proteins (T.PROT./SR.ALB./SR. GLOB. & A:G), Serum

- HbA1C(Glycosylated Hemoglobin) HPLC
- **Urine Routine Examination**
- Microalbumin Creatinine **Ratio Urine**
- Lipid Profile, Serum*
- **Insulin Fasting***
- Insulin PP**
- **HOMA IR*** (Insulin Resistance Index)
- Cystatin C
- C Peptide*
- All Test results will be available after 2 days
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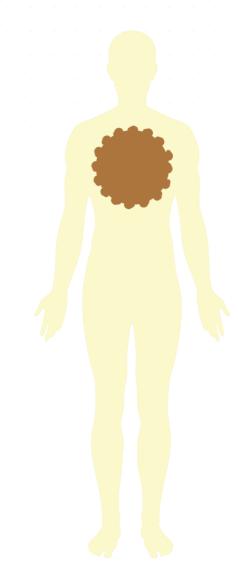
Basic Fever Panel

MRP: **₹3799**

The Basic Fever Panel is designed to assist physicians in identifying common causes of fever, including Malaria, Typhoid, Dengue, and Urinary Tract Infections (UTIs). This panel also includes Complete Blood Count (CBC) with Erythrocyte Sedimentation Rate (ESR)—one of the most frequently prescribed tests for fever. It provides valuable insights into blood parameters, including platelet count, helping to determine the underlying cause of fever and guide appropriate treatment strategies.

- + Haemogram (CBC with ESR)
- + Malaria Parasite, Smear
- + Malaria Antigen Rapid
- + Dengue Rapid Combo
- + Urine Routine Examination
- + Typhidot IgM

- All Test results will be available after 8 hours
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- Note: Tests marked with * require minimum 10-12 hours fasting.



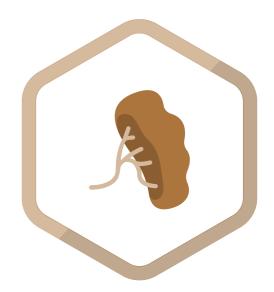
Comprehensive Fever Panel

MRP: **₹13399**

The Comprehensive Fever Panel includes all the essential tests from the Basic Fever Panel, along with an expanded set of investigations to aid in the diagnosis of Typhoid, Chikungunya, Scrub Typhus, Mumps, Leptospirosis, and Lyme Disease. This panel also features culture and sensitivity tests forurine, throat, and blood samples, helping detect bacterial infections and determine antibiotic susceptibility and resistance for effective treatment. Additionally, C-Reactive Protein (CRP) is included to assess inflammation levels and monitor recovery progress, while liver enzyme tests serve as important markers for any liver- related infections.

- + Haemogram (CBC with ESR)
- + Malaria Parasite, Smear
- + Malaria Antigen Rapid
- + Dengue Rapid Combo
- Urine Routine Examination
- + TYPHI -IgG
- + TYPHI-IgM
- + Widal
- + Chikungunya Antibody IgM

- + CRP C Reactive Protein Ougntitative
- + Leptospria IgM
- + S.G.O.T
- + S.G.P.T
- + Culture Aerobic Urine
- + Culture Throat Swab Isolation & Ident & Sensitive
- + Culture Aerobic Blood (Left)
- + Culture Aerobic Blood (Right)
- + Scrub Typhus Rapid IgM
- + Mumps IgG
- All Test results will be available after 2 days
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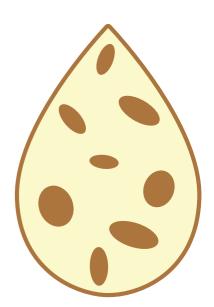
Anemia Assessment Panel with HPLC

MRP: **₹5999**

The Anemia Assessment Panel with HPLC goes beyond diagnosing anemia by helping determine its underlying cause. This panel includes a Complete Blood Count (CBC) with Reticulocyte Count and a detailed Peripheral Smear Analysis, offering critical insights into anemia assessment. It aids in identifying whether anemia is linked to nutritional deficiencies(Iron Studies, Vitamin B12, Folate), red blood cell abnormalities, infections, variant hemoglobinopathies, abnormal hemoglobins, bone marrow suppression, or certain cancers. High-Performance Liquid Chromatography (HPLC) further enhances the evaluation by detecting variant hemoglobin disorders, ensuring a comprehensive approach to anemia diagnosis and management.

- + CBC
- + Reticulocyte Count
- + LDH, Serum
- + Iron Studies
- + Ferritin Serum
- + Vitamin B12
- + Folic Acid (Folate) Serum
- + HPLC (Hb Electrophoresis)
- + Peripheral Blood Smear
- + STFR (Soluble Transferrin Receptor)

- All Test results will be available after 2 days
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Arthritis Panel

MRP: **₹6699**

The Arthritis Panel evaluates multiple factors that may contribute to bone and joint pain, helping identify potential underlying causes. This panel includes Rheumatoid Factor (RA), Vitamin Levels, Inflammatory Markers, and Autoimmune Screening (ANA) to support an accurate diagnosis. Additionally, the presence of anti-CCP antibodies is a key indicator for rheumatoidarthritis, aiding in assessing disease progression and guiding treatment strategies. These tests provide essential insights for clinicians to determine the most appropriate course of action.

- + Haemogram (CBC with ESR)
- + C-Reactive Protein (CRP)
- + RA Factor
- + ANA
- + Uric Acid, Serum
- + ASO Qualitative (Antistreptolysin O)
- + Anti-CCP
- + Calcium, Serum
- + Ionized Calcium
- + Phosphorus, Serum
- + Vitamin D3
- All Test results will be available after 2 days
- For booking this health package or for home sample collection call on 9031009016 or 7360033390



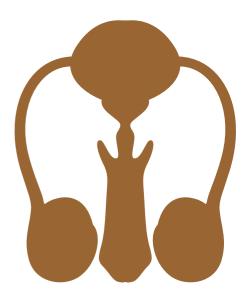
Basic STD Panel

MRP: **₹3299**

The Basic STD Panel includes tests for commonly acquired and frequently screened sexually transmitted infections (STIs), particularly those associated with unprotected sexual contact. This panel is essential for both early detection and timely treatment, helping individuals manage their own health while preventing the risk of transmission to partners. The tests in this panel assist in the diagnosis of HIV (via the HIV Combo test, which includes HIV P24 Antigen and HIV Antibody), Hepatitis B, Hepatitis C, Syphilis, and Genital Herpes.

- + HIV 1 & 2 ABS Rapid, Serum
- + HBsAg Rapid, Serum
- + HCV Rapid, Serum
- + VDRL RPR Test
- + HSV 1+2 Antibodies Panel IgG & IgM

- All Test results will be available after 2 days
- For booking this health package or for home sample collection call on 9031009016 or 7360033390



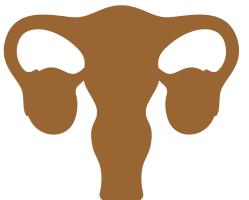
Advanced STD Panel

MRP: **₹11299**

The Advanced STD Panel builds upon the Basic STD Panel by incorporating additional molecular testing for a wider range of sexually transmitted infections. In addition to screening for HIV, Hepatitis B, Hepatitis C, and Syphilis, this panel also detects infections caused by Chlamydia Trachomatis, Neisseria Gonorrhoeae, Trichomonas Vaginalis, Gardnerella Vaginalis, Mycoplasma Genitalium, Mycoplasma Hominis, Herpes Simplex Virus 1 & 2, Urea, Serumplasma Species, Candida Albicans, Cytomegalovirus (CMV), and Human Papillomavirus (HPV) Types 16 & 18. These infections often manifest as unusual discharge, genital sores, itching, and discomfortduring urination or intercourse, but many can also remain asymptomatic, making regular screening essential, especially for those with new or multiple partners. The molecular STD tests in this panel utilize Nucleic Acid Amplification Testing (NAAT), a highly accurate diagnostic method. It is important to consider the window period of infections when undergoing STD testing to ensure precise results.

- + HIV 1 & 2 ABS Rapid, Serum
- + HBsAg Rapid, Serum
- + HCV Rapid, Serum
- + VDRL RPR Test
- + TPHA (Treponema Pallidum Hemagglutination Assay)
- + RPR (Rapid Plasma Reagin)
- + Chlamydia trachomatis
- + Neisseria Gonorrhoeae
- + Trichomonas Vaginalis

- + Gardnerella vaginalis
- + Mycoplasma genetalium
- + Mycoplasma hominis
- + HSV 1+2 Antibodies Panel IgG & IgM
- + Urea, plasma species
- + Candida albicans
- + Cytomegalovirus (CMV Antibodies Panel IgG & IgM
- + Cervical Screen (Pap smear + HPV)
- All Test results will be available after 2 days
- For booking this health package or for home sample collection call on 9031009016 or 7360033390



Essential Fitness & Performance Panel

MRP: **₹4299**

The Basic STD Panel includes tests for commonly acquired and frequently screened sexually transmitted infections (STIs), particularly those associated with unprotected sexual contact. This panel is essential for both early detection and timely treatment, helping individuals manage their own health while preventing the risk of transmission to partners. The tests in this panel assist in the diagnosis of HIV (via the HIV Combo test, which includes HIV P24 Antigen and HIV Antibody), Hepatitis B, Hepatitis C, Syphilis, and Genital Herpes.

- + Hemoglobin (HB), Whole Blood EDTA
- + Glucose Fasting Plasma*
- + Cholesterol Total, Serum*
- + HDL Cholesterol, Serum*
- + LDL Cholesterol, Serum*
- + Calcium, Serum
- + Ionized Calcium
- + Vitamin D3
- + Phosphorus, Serum
- + Proteins (Total Protein, Albumin, Globulin, A/G-Ratio)
- + eGFR
- + Creatinine, Serum
- + Sodium, Serum
- + Potassium, Serum
- + Creatinine Kinase/CK MB, Serum
- All Test results will be available after 2 days
- For booking this health package or for home sample collection call on 9031009016 or 7360033390
- Note: Tests marked with * require minimum 10-12 hours fasting.

Advanced Fitness & **Performance Panel**

MRP: ₹ 4999

The Advanced Fitness & Performance Panel builds upon the Essential Fitness & Performance Panel, offering additional insights into hormonal balance and liver metabolism. This panel includes Testosterone (Free and Total), which plays a vital role in muscle growth, strength, and overall anabolic function, making it particularly beneficial for individuals engaged in intense physical training. Additionally, it includes liver metabolism markers (SGOT and SGPT) to assess liver health and metabolic efficiency, ensuring optimal recovery and response to exercise or supplements. Ideal for those who frequently work out or engage in high-intensity fitness routines, this panel provides a comprehensive evaluation of key performance-related health indicators.

- Hemoglobin (HB), Whole **Blood EDTA**
- **Glucose Fasting** Plasma*
- Cholesterol Total, Serum*
- **HDL Cholesterol, Serum***
- LDL Cholesterol, Serum* +
- Calcium, Serum
- **lonized Calcium**
- Vitamin D3 +
- Phosphorus, Serum

- Proteins (Total Protein, Albumin, Globulin, A/G-Ratio)
- **eGFR**
- Creatinine, Serum
- Sodium, Serum
- Potassium, Serum
- Creatinine Kinase/CK MB, Serum
- **Testosterone Free**
- **Testosterone Total**
- **SGOT** +
- **SGPT**
- All Test results will be available after 2 days
- For booking this health package or for home sample collection call on 9031009016 or 7360033390
- Note: Tests marked with * require minimum 10-12 hours fasting.



Heart Function and Risk Panel

The Heart Function & Risk Panelat Santevita Hospital includes a set of advanced diagnostic tests designed to evaluate cardiac function and assess potential risk factors for heart disease. This panel provides immediate and actionable clinical insights, aiding in risk stratification and the early detection of cardiovascular conditions. By identifying key markers, it helps predict future cardiac events and supports proactive heart health management.

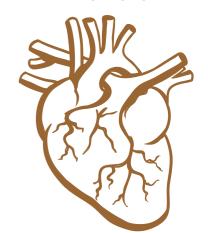
1. Basic Heart Function and Risk Panel

- **MRP:** ₹2499
- + High-Sensitivity C-Reactive Protein (HS CRP)
- + Homocysteine Quantitative Serum
- + High-Sensitivity Cardiac Troponin I Test (HS Troponin I)
- 2. Basic Heart Function & Risk Panel with Lipid Profile

MRP: ₹2899

- + High-Sensitivity C-Reactive Protein (HS CRP)*
- + Homocysteine Quantitative Serum*
- + High-Sensitivity Cardiac Troponin I test (hs Troponin I)*
 Lipid Profile, Serum*
- 3. Comprehensive Heart Function and Risk Panel

- + High-Sensitivity C-Reactive Protein (HS CRP)*
- + High-Sensitivity Cardiac Troponin I test (HS Troponin I)*
- + High-Sensitivity Cardiac Troponin T test (HS Troponin T, Whole Blood EDTA)*
- + NT Pro BNP*
- + Leptin*
- + Extended Lipid Profile, Serum* [Lipid profile with Lipoprotien (a), Apolipoprotein
- + Homocysteine Quantitative Serum*
- All Test results will be available after 2 days
- For booking this health package or for home sample collection call on 9031009016 or 7360033390
- Note: Tests marked with * require minimum 10-12 hours fasting.



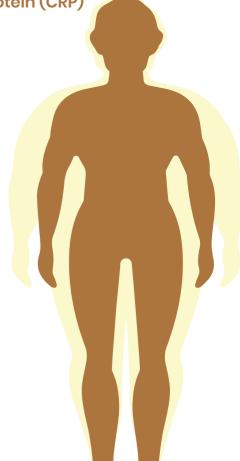
Obesity Panel

MRP: **₹8499**

The Obesity Panel is designed for individuals seeking to manage their weight effectively by identifying metabolic and hormonal factors that may contribute to obesity. This panel evaluates key underlying causes, including lipid imbalances, insulin resistance, thyroid dysfunction, and liver function abnormalities. It also includes an assessment of Cortisol, the stress hormone, and Leptin, a hormone crucial for regulating hunger, appetite, and body weight. By analyzing these factors, this panel provides valuable insights to support personalized weight management and overall metabolic health.

- + CBC (Complete Blood Count)
- + Glucose Fasting, Plasma*
- + Insulin Fasting*
- + Liver Function Test
- + Thyroid Profile, FT3, FT4,
 Ultra-sensitive TSH
- + Lipid Profile, Serum*
- + Cortisol (Morning)

- + Testosterone Total
- + Glucose Post Prandial (PP)**
- + Insulin PP**
- + HOMA IR (Insulin Resistance Index)
- + HbA1c (Glycosylated Hemoglobin HPLC)
- + C Reactive Protein (CRP)
- + Leptin
- All Test results will be available after 2 days
- For booking this health package or for home sample collection call on 9031009016 or 7360033390
- Note: Tests marked with * require minimum 10-12 hours fasting.
- Tests marked ** are to be performed as PP
 (post prandial i.e. 2 hours after finishing your meal)



Low Energy Diagnostic Panel

MRP: **₹12999**

The Low Energy Diagnostic Panel is designed to identify potential underlying causes of chronic fatigue and weakness. This panel evaluates key vitamins, minerals, and essential parameters, deficiencies of which may contribute to persistent tiredness. Additionally, it includes tests for inflammatory markers, liver enzymes, electrolytes, blood counts, kidney function, and diabetes, along with Cortisol, the body's stress hormone. A urine analysis helps detect metabolic or infectious contributors to fatigue, while ANA (antinuclear antibody) screening aids in identifying possible autoimmune disorders that may be linked to prolonged fatigue. This comprehensive assessment provides critical insights for addressing energy levels and overall well-being.

- + CBC (Complete Blood Count)
- + Glucose Plasma Random
- + Kidney Function Test, Serum
- + S.G.O.T
- + S.G.P.T
- + Sodium, Serum
- + Potassium, Serum
- + Chloride . Serum
- + Magnesium, Serum
- + Phosphorus, Serum
- + HbA1c (Glycosylated Hemoglobin HPLC)
- + Iron Studies

- + Ferritin, Serum
- + Thyroid Profile with FT3, FT4,
 Ultrasensitiv TSH
- + Vitamin D3
- + Microalbumin Creatinine Ratio Urine
- + Urine Routine Examination
- + Cortisol Morning
- + Anti-Nuclear Antibody (ANA/EIA)



- All Test results will be available after 4 days
- For booking this health package or for home sample collection call on 9031009016 or 7360033390.

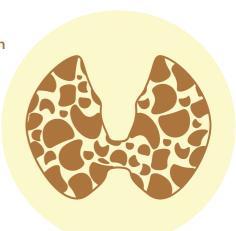
Thyroid Function & Autoimmune Panel

MRP: **₹11999**

The Thyroid Function & Autoimmune Panel is a comprehensive assessment designed to evaluate thyroid health and detect autoimmune-related thyroid disorders. This panel includes key thyroid markers, providing a detailed analysis for the diagnosis and management of thyroid conditions. This panel measures FT3, FT4, Ultra-sensitive TSH, Anti-Thyroglobulin Antibodies, Anti-Thyroid Peroxidase (Anti-TPO), Reverse T3 (RT3), Total T3, and Total T4 levels. These precise evaluations offer critical insights into thyroid function, ensuring a thorough and accurate understanding of thyroid-related health concerns.

- + Thyroid Profile, FT3, FT4, Ultra-sensitive TSH T3, total
- + T4 Total, Serum
- + Anti-TG: Anti-Thyroglobulin Tntibodies
- + Anti-TPO: Anti-Thyroid Peroxidase Antibodies
- + Reverse t3 (rt3)

- All Test results will be available after 2 days
- For booking this health package or for home sample collection call on 9031009016 or 7360033390.

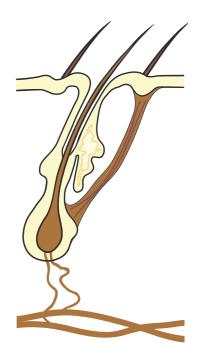


Hair Loss Panel

MRP: **₹3999**

The Hair Loss Panel is designed to identify common underlying causes of hair thinning and shedding by evaluating key health markers. Hair loss can be influenced by hormonal imbalances, nutritional deficiencies, and other medical conditions, making a thorough assessment essential for effective management. This comprehensive panel includes tests for Thyroid function (FT3, FT4, Ultra- sensitive TSH), Complete Blood Count (CBC) with ESR, and a Vitamins & Minerals Profile, which assesses levels of Magnesium, Serum, Vitamin D3, and Vitamin B12. It also measures Calcium, Serum, Phosphorus, Serum, Folic Acid (Folate) Serum (B9), Ferritin, Serum, Iron Studies, TIBC, Transferrin Saturation, UIBC, and Zinc. Additionally, this panel includes DHEA Sulphate (Dehydroepiandrosterone Sulfate), a hormone produced by the adrenal glands that serves as a precursor to male and female sex hormones, which can influence hair growth.

- Thyroid Profile, FT3, FT4, Ultra-sensitive TSH
- + Haemogram (CBC with ESR)
- + Vitamins & Minerals Profile (Vitamin D3, Calcium Serum, Phosphorous Serum, Vitamin B12, Folic Acid (Folate) Serum, Iron Studies, Ferritin, Serum, Magnesium Serum)
- + DHEA Sulphate (Dehydroepiandrosterone Sulfate)
- All Test results will be available after 4 days
- For booking this health package or for home sample collection call on 9031009016 or 7360033390.

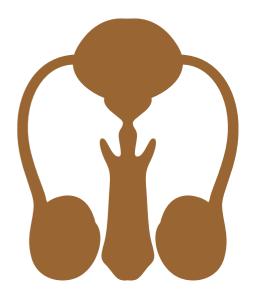


Essential Male Hormonal Panel

MRP: ₹9699

The Essential Male Hormonal Panel evaluates key hormones that play a vital role in men's health, sexual function, and overall well-being. This panel provides insights into hormonal imbalances that may contribute to general weakness, difficulty in losing weight, sexual dysfunction, and other lifestyle-related concerns in men. Included in this panel are Cortisol, also known as the stress hormone, and a comprehensive Thyroid Profile (FT3, FT4, and Ultrasensitive TSH), along with other essential male hormones. By assessing these critical markers, this panel offers a broader understanding of overall health, helping to identify potential underlying causes of hormonal imbalances and guiding effective management strategies.

- + FSH, Serum
- + LH. Serum
- + Cortisol Morning
- + DHEA Sulphate
- + Estradiol (E2), Serum (E2)
- + Free Androgen Index
- + Thyroid Profile, FT3, FT4, Ultra-sensitive TSH
- + Testosterone (Total)
- + Testosterone (Free)
- + Prolactin, Serum
- All Test results will be available after 4 days
- For booking this health package or for home sample collection call on 9031009016 or 7360033390.





Comprehensive Health Checkups

(Pathology and Radiology & Imaging)

Master Health Check-up (Female)

- Haemogram
- Glucose Fasting Plasma*
- Glucose Post Prandial(PP)*
- HbA1c (Glycosylated Hemoglobin) HPLC
- **Kidney function test**
- **Liver Function Test**
- Lipid Profile, Serum* +
- Thyroid Profile T3, T4 and TSH
- **Urine routine Examination**
- Stool routine Examination
- **Vitamin D**

- X-ray (chest PA view)
- USG (whole abdomen) *
- **PAP Smear**
 - + BCA
- **TMT**
- **ECG**
- **FCHO**
- Consultation
 - PAP SMEAR
 - **Doctor**
 - Dietitian
- All Test results will be available after 8 hours
- For booking this health package or for home sample collection call on 9031009016 or 7360033390
- Note: Tests marked with * require minimum 10-12 hours fasting.
- TMT will not be done in case of old-age patients and those suffering from arthritis and hypertension.
- X-Ray for pregnant ladies will not be done.
- For women, during menstruation, PAP SMEAR examination will not be possible.
- **Complimentary Breakfast.**

Master Health Check-up (Male)

- Haemogram
- **Glucose Fasting Plasma***
- Glucose Post Prandial(PP)*
- HbAlc (Glycosylated Hemoglobin)
- **Kidney function test**
- **Liver Function Test**
- Lipid Profile, Serum*
- Thyroid Profile T3, T4 and TSH
- **Urine routine Examination**
- **Stool routine Examination**
- **Vitamin D**

- X-ray (chest PA view)
- USG (whole abdomen) *
- **PSA**
- **BCA**
- **TMT**
- ECG
- **ECHO**
- Consultation
 - PSA
 - Doctor
 - Dietitian
- All Test results will be available after 8 hours
- For booking this health package or for home sample collection call on 9031009016 or 7360033390
- Note: Tests marked with * require minimum 10-12 hours fasting.
- Men are required to shave their chest for the Tread Mill Test (TMT) and ECG.
- TMT will not be done in case of old-age patients and those suffering from arthritis and hypertension.
- **Complimentary Breakfast.**

Executive Health Check-up (Female)

- Haemogram
- **Glucose Fasting Plasma***
- Glucose Post Prandial(PP)*
- HbAlc (Glycosylated Hemoglobin) **HPLC**
- **Kidney function test**
- **Liver Function Test**
- **Lipid Profile, Serum***
- Thyroid Profile T3, T4 and TSH
- **Urine routine Examination**
- **Stool routine Examination**
- **Vitamin D**

- X-ray (chest PA view)
- USG (whole abdomen) *
- **PAP Smear**
 - + BCA
- **ECG**
- **ECHO**
- Consultation
 - PAP SMEAR
 - Doctor
 - Dietitian

- All Test results will be available after 8 hours
- For booking this health package or for home sample collection call on 9031009016 or 7360033390
- Note: Tests marked with * require minimum 10-12 hours fasting.
- X-Ray for pregnant ladies will not be done.
- For women, during menstruation, PAP SMEAR examination will not be possible.
- **Complimentary Breakfast.**

Executive Health Check-up (Male)

- Haemogram
- **Glucose Fasting Plasma***
- Glucose Post Prandial(PP)*
- HbAlc (Glycosylated Hemoglobin) **HPLC**
- **Kidney function test**
- **Liver Function Test**
- **Lipid Profile, Serum***
- Thyroid Profile T3, T4 and TSH
- **Urine routine Examination**
- **Stool routine Examination**
- **Vitamin D**

- X-ray (chest PA view)
- USG (whole abdomen) *
- **PSA**
- **BCA**
- **ECG**
- + ECHO
- Consultation
 - PSA
 - Doctor
 - Dietitian

- All Test results will be available after 8 hours
- For booking this health package or for home sample collection call on 9031009016 or 7360033390
- Note: Tests marked with * require minimum 10-12 hours fasting.
- Men are required to shave their chest for the ECG.
- **Complimentary Breakfast.**

General Health Check-up (Female)

- Haemogram
- Glucose Fasting Plasma*
- **Glucose Post Prandial PP***
- HbA1c (Glycosylated Hemoglobin) HPLC
- **Kidney function test**
- **Liver Function Test** +
- Lipid Profile, Serum*
- **Urine Routine Examination**
- USG (whole abdomen) *
- **BCA**
- **PAP Smear**
- **ECG**
- All Test results will be available after 8 hours
- For booking this health package or for home sample collection call on 9031009016 or 7360033390
- Note: Tests marked with * require minimum 10-12 hours fasting.
- For women, during menstruation, PAP SMEAR examination will not be possible.
- Complimentary Breakfast

General Health Check-up (Male)

- Haemogram
- Glucose Fasting Plasma*
- **Glucose Post Prandial PP***
- HbA1c (Glycosylated Hemoglobin)
- **Kidney function test**
- **Liver Function Test**
- Lipid Profile, Serum*
- **Urine routine Examination**
- USG (whole abdomen) *
- **BCA**
- **PSA**
- **ECG**
- All Test results will be available after 8 hours
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- Note: Tests marked with * require minimum 10-12 hours fasting.
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For booking call us at: (0651) 7111 555, 7360033390



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